



MATT THE MILLERS BAR & RESTAURANT

Lunch Menu

Matt's Starters

Today's Homemade Soup €5.50

Made daily using seasonal produce served with homemade brown soda bread. *(available gf)*
Check with your server for allergen content.

Smoky Seafood Chowder €7.95

A homemade chunky, creamy soup with salmon, cod, hake and smoked haddock, served with our homemade brown bread. *(available gf)*
Contains allergens: 1, 2a, 5, 7, 13

Crispy Brie Parcel €7.50

Delicious Irish Brie wrapped in crispy pastry, served with spiced chutney & a salad garnish. *(v)*
Contains allergens: 2a, 4, 7, 9, 14

Chicken Wings €6.95

Irish chicken wings fried crispy and glazed with a whiskey & organic treacle glaze and toasted sesame seeds.
Contains allergens: 2a, 9, 12, 14

Caprese Salad €6.50

A classic salad made with Matt's twist. Fresh tomatoes, Irish Mozzarella, with rocket salad, black olives, capers, and basil pesto. *(gf, v)*
Contains allergens: 7, 10a

Chicken Caesar Salad €6.95

Salad with cos lettuce, crispy bacon, parmesan shavings & our creamy Caesar dressing. *(available gf)*
Contains allergens: 1, 2, 4, 5, 7, 9

Matt's Wraps

Cajun Chicken Caesar Wrap €7.50

A delicious flatbread packed with cajun chicken slices, Caesar dressing, baby gem, parmesan cheese, served with a side salad.
Contains allergens: 2a, 4, 7, 9

Falafel Wrap with Irish Feta €7.50

Crispy carrot & coriander falafel, Irish hummus, Irish feta cheese, mixed salad, freshly sliced tomatoes, cucumbers & onions wrapped in a flatbread, served with a side salad. *(v, available vg)*
Contains allergens: 2a, 7, 9

Add Fries to Wrap for €3.00

Matt's Bites

Matt's Platter €14.50

A generous plate of chicken goujons, spicy wedges, cocktail sausages, chicken wings, spring rolls and prawns in filo pastry, served with sweet chili sauce and barbecue sauce. (Serves 2)
Contains allergens: 2a, 3, 4, 5, 7, 9, 12, 13. May contain traces of 10.

Matt's Pizza

Margherita €11.50

Rich tomato sauce and West Cork mozzarella with basil pesto. *(v)*
Contains allergens: 2a, 7, 13

Pepperoni €12.00

Italian style pepperoni with West Cork mozzarella and fresh herbs.
Contains allergens: 2a, 7, 13

Hawaiian €12.50

Classic Hawaiian pizza with tomato sauce, cheese, ham, and pineapple.
Contains allergens: 2a, 7, 13

Chicken and Pesto €13.00

Shredded Chicken and fresh basil pesto with mozzarella and diced tomato.
Contains allergens: 2a, 7, 10a, 13

Select breads are available gluten free.
(v) - Suitable for Vegetarians,
(vg) - Suitable for Vegans, *(gf)* - Gluten Free

Allergens

1 = Celery	6 = Lupin	11 = Peanuts
2a = Wheat/Gluten	7 = Milk	12 = Sesame Seeds
2b = Barley/Gluten	8 = Molluscs	13 = Soybeans
3 = Crustaceans	9 = Mustard	14 = Sulphur Dioxide
4 = Eggs	10a = Pine Nuts/Nuts	
5 = Fish	10b = Walnut/Nuts	

Matt's Specials

Matt's Famous Clonakilty Chicken €11.95

(House speciality)

Chicken fillet with a rich black pudding stuffing, wrapped in Irish bacon. Served over buttered creamed potatoes, roasted seasonal vegetables, topped with a creamy wholegrain mustard & Irish cheddar sauce. An Irish classic served with Matt's twist.

Contains allergens: 2a, 2b, 7, 9, 14

Medieval Beef & Guinness Stew €12.50

Prime cuts of braised Irish beef steak slow cooked in Guinness with seasonal root vegetables and butter whipped potatoes. Served with homemade brown bread.

Contains allergens: 2a, 7, 14

Matt's Pork Ribs €14.50

Meaty, smoky and succulent ribs, marinated and glazed in Matt's BBQ sauce, served with fries and coleslaw. (gf)

Contains allergens: 7, 9, 12, 14

Traditional Fish & Chips €12.95

Golden Crumbed Cod served with Matt's fries, and homemade tartar sauce.

Contains allergens: 2a, 4, 5, 9

Matt's 6oz Irish Beef Sirloin Steak €16.95

6oz Sirloin Steak cooked to your liking, with sautéed mushrooms and onions. Served with house salads, Matt's fries and a choice of a brandy & peppercorn sauce or garlic butter. (gf)

Contains allergens: 7

Spinach & Ricotta Tortellini €11.50

Pasta stuffed with spinach and ricotta in a sundried tomato cream sauce, served with baby leaf salad and garlic bread. (v)

Contains allergens: 2a, 4, 7

Matt's Burgers & Sides

All burgers are served on a brioche bun with lettuce, tomatoes, and caramelised red onions, with a portion of Matt's fries.

Contains allergens: 2a, 9 (available gf)

Hand pressed 6oz Kilkenny Beef burger, topped with bacon & cheese €11.95

Contains allergens: 7

Chicken Fillet dressed lightly in Cajun breadcrumbs €11.95

Contains allergens: 2a

Grilled Halloumi Cheese (v) €10.95

Contains allergens: 7

Beef burgers are all cooked well done and to order so please allow time for this.

All our Beef Burgers are made from 100% pure Irish beef.

Side Orders

Matt's Fries €3.00

Creamed Potatoes *Contains allergens: 7* €3.00

Roasted Seasonal Vegetables €3.00

Matt's House Salad *Contains allergens: 4, 7, 9* €3.00

Sautéed Mushrooms €3.00

Sautéed Onions €3.00

Coleslaw €3.00

Matt's Desserts

Chocolate Fudge Brownie €7.95

Warm chocolate brownie, served with a rich chocolate sauce and vanilla ice cream. (available gf)
Contains allergens: 2a, 4, 7, 13. May contain traces of 10, 14.

Warm Apple Pie €7.95

Sliced apple in a sweet pastry tartlet, topped with a vanilla sponge, served with custard and vanilla bean ice cream.

Contains allergens: 2a, 4, 7. May contain traces of 10.

Cheesecake of the Day €7.95

Please ask your server for our special.

Check with your server for allergen content.

Selection of Ice Cream €7.50

served with fruit coulis and fresh berries. (gf)

Contains allergens: 4, 7. May contain traces of 10.

And...The Big Finish!

Tea €2.50

Coffee €2.80

Espresso €2.50

Cappuccino* €3.50

Latte* €3.50

Herbal Tea €3.00

Hot Chocolate* €3.50

*Contains allergens: 7

